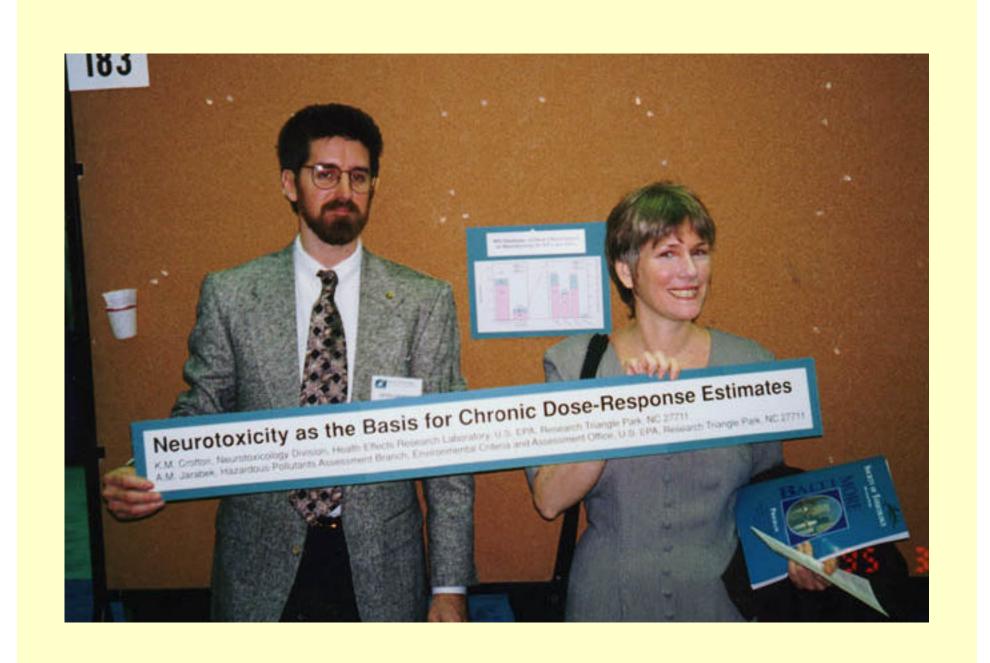
Mechanisms of Thyroid Toxicity

Kevin M. Crofton

Neurotoxicology Division
National Health and Environmental Effects Laboratory
US Environmental Protection Agency
Research Triangle Park NC

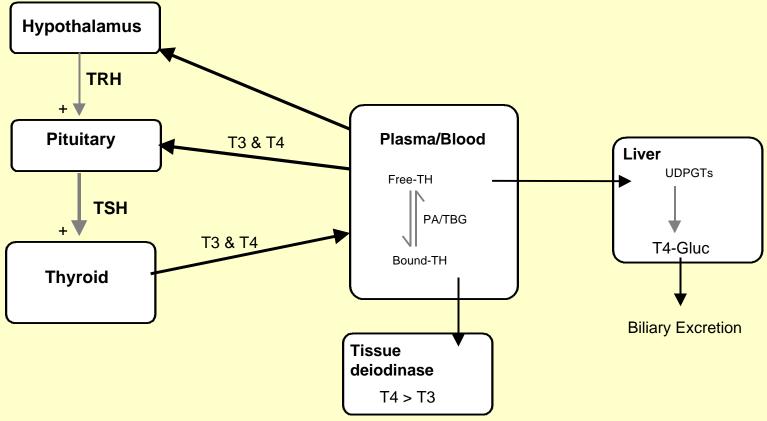


Outline

- 1. Introduction to thyroid hormones
- 2. Effects of perchlorate
- 3. Effects of the disruption of thyroid hormones
 Thyroid hyperplasia and neoplasia
 Developmental abnormalities
- 4. Uncertainties

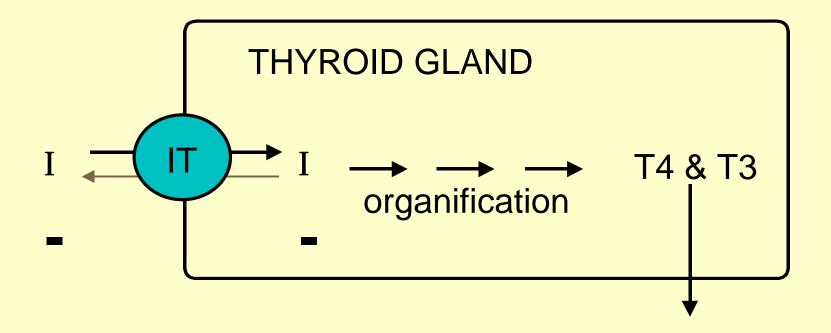


Hypothalamus-Pituitary-Thyroid-Liver Axis



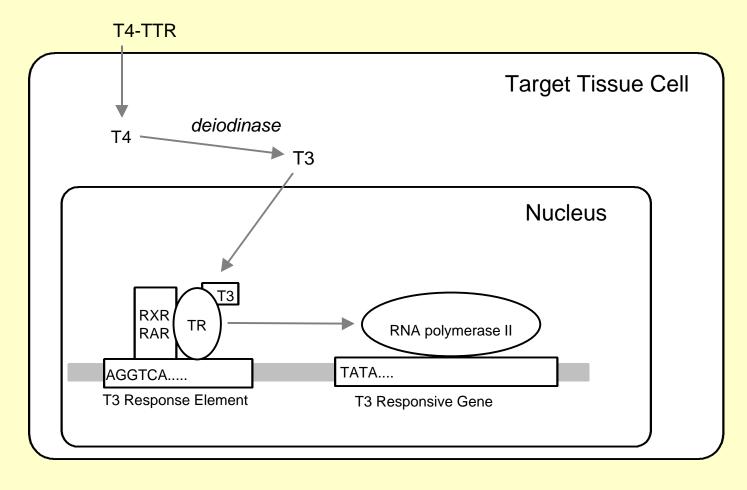


Iodine and the Thyroid Gland





Thyroid Hormone Receptors and Thyroid Response Elements





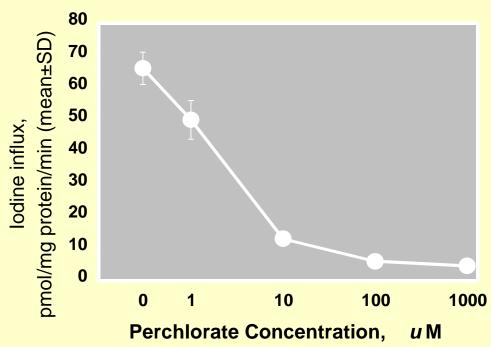
Targets for Environmental Chemicals

- Thyroid Gland
 - **→**uptake process
 - **→**organification
 - **→**release
- Plasma Transport Proteins
- **Tissue Deiodinases**
- Hepatic Glucuronidation and Sulfation



In Vitro Thyrotoxicity of Perchlorate

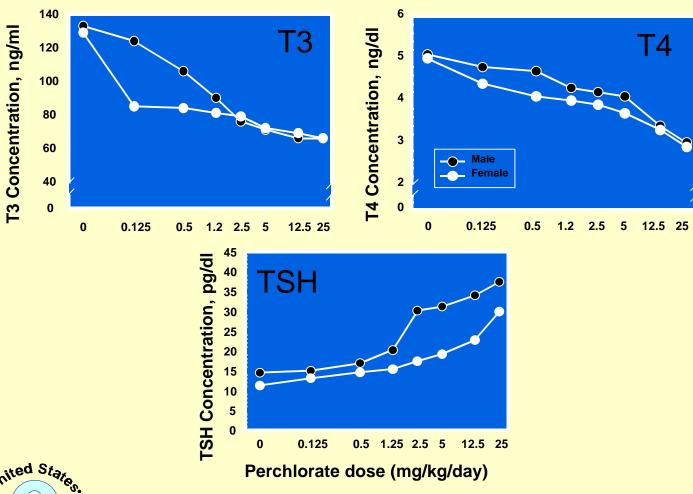
Inhibition of ¹²⁵I-Uptake by Perchlorate





(Gerard et al., 1994)

14-Day In Vivo Perchlorate Study



Wind Protection

(Caldwell et al., 1994)

Effect of TH disruption

Adult

-Main effect of prolonged depression of TH is upregulation of TSH which leads to thyroid gland hyperplasia

Developmental

-Main effect is the disruption of developmental processes



Main Symptoms/Effects of Hypothyrodism

Developmental

- delayed reflex ontogeny
- impaired fine motor skills
- deaf-mutism, spasticity
- gait disturbances
- mental retardation
- speech impairments

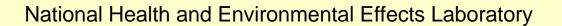
transient disruption leads to permanent effects

Adult

- run down, slow, depressed,
- sluggish, cold, tired
- dryness and brittleness of hair
- dry and itchy skin, constipation
- muscle cramps
- increased menstrual flow

transient disruption leads to transient effects

*thyroid tumors in rodents



Data Deficiencies

- Long-term periodic exposures
 - Perchlorate kinetics
 - Thyroid hormone homeostasis
- Effects during development



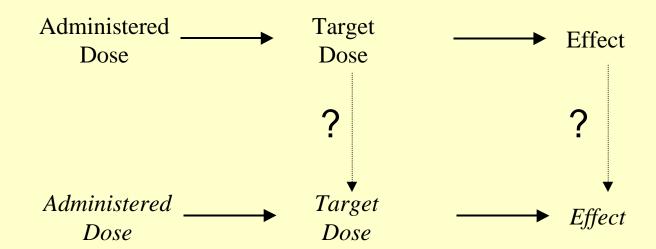
Uncertainties in Risk

- 1. Animal to Human Extrapolation
- 2. Age-Dependent Sensitivity



Uncertainties Due to Potential Species Differences

Rat



Human

ADME studies

Mechanistic / Sensitivity Studies

- 1. Adult
- 2. Developmental



Mechanistic Studies

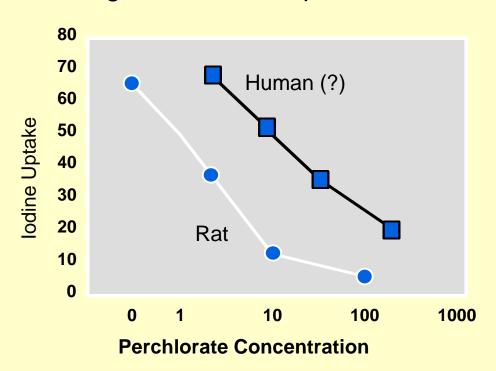
- Aid to quantitative interspecies extrapolation basis to extend PBPK model
- Additional developmental studies to evaluate thyroid TH in fetal and post-natal periods
- Determine relative sensitivity of fetal/postnatal thyroid versus adult
- Determine relative sensitivity of rat versus human



Resolving Uncertainties Mechanistic Studies

Do species differences exist?

compare rodent and human sensitivities using in vitro techniques





Uncertainties in Risk

2. Age-Dependent Sensitivity
 Developmental effects can be permanent.
 Is the developing organism more sensitive?

 Yes - need to carefully characterize
 No - protection of maternal compartment



ADME study

- Literature review of perchlorate discharge test
- Protocols proposed to evaluate perchlorate kinetics, iodine inhibition kinetics and thyroid hormone homeostasis
- Basis for development of physiologically-based pharmacokinetic (PBPK) model



Resolving Uncertainty - Example

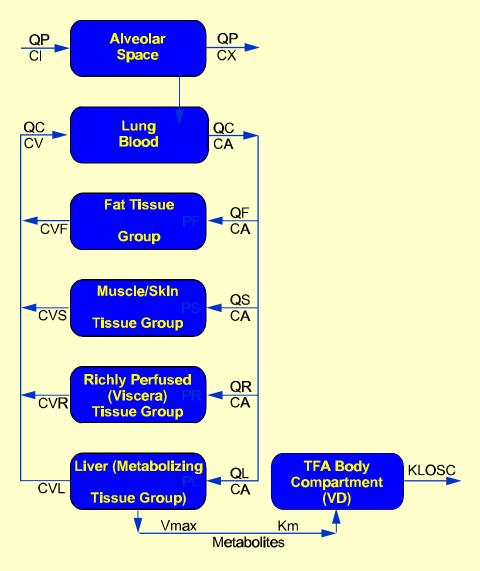
2. Age-Dependent Sensitivity

Determine relative sensitivity of fetal/postnatal thyroid versus adult

Determine relative sensitivity of rat versus human



PBPK Model Schematic





Summary

- Facts:
 - Perchlorate cause hypothyroidism
- Uncertainties
 - Animal to Human extrapolation
 - Age-dependent sensitivity

